

WELCOME TO OUR PARENT INFORMATION MEETING – REMOTE LEARNING

This evening we will cover:

Wellbeing

Seesaw

Optional Extras

Very optional extras!

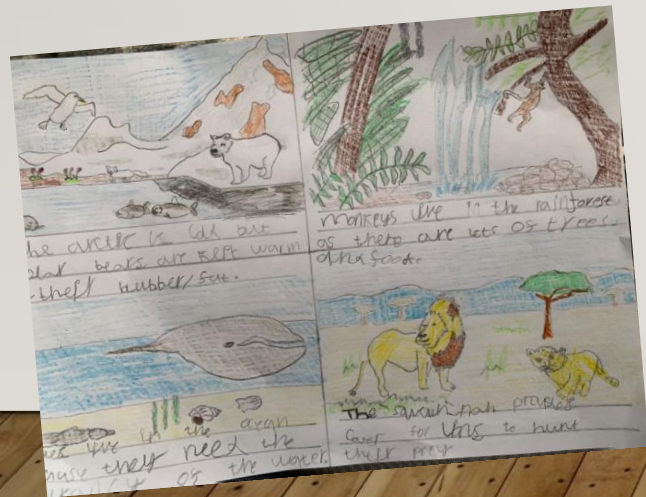
Questions





SUPPORT FOR REMOTE LEARNING

BASICS AND TIPS



WELLBEING DURING REMOTE LEARNING

It is important during these unprecedented times to look after the wellbeing of the whole family. Here are some tips to maintain good wellbeing amongst the hustle and bustle of home learning.

- **Sleep:** make sure that you can stick to regular 'school time' bedtime routines if possible. A relaxing bath or shower, some quiet reading time before bed and aiming to get to sleep at the same time each evening, will help your child to sleep well. Try to be careful to avoid screen time and devices for at least an hour before bedtime.



WELLBEING DURING REMOTE LEARNING

- Try and establish a **'home learning' routine** to each day. obviously with lots going on in a household this needs to be flexible, but children like and thrive on established routines. Make sure you and your child know when they are expected to complete their learning, know when they are going for a walk and when it's time to play, or watch some TV.
- Try and encourage your child to maintain a **healthy diet** and keep sugary snacks as treats rather than too many throughout the day.
- Make sure there is always time to get some **fresh air** in the day. This could include playing in the garden or going for a walk or a bike ride.



WELLBEING DURING REMOTE LEARNING

- Finally, try and leave enough time for some **fun activities** to do together: bake a cake, play a game or relax and watch a film.
- Helpful weblinks:
- Help with setting screen time <https://www.psychologytoday.com/gb/blog/when-kids-call-the-shots/201804/the-best-technology-screen-time-contract-kids>
- Indoor games to play <https://parenting.firstcry.com/articles/top-40-fun-indoor-games-for-kids/>
- Cooking fun <https://www.jamieoliver.com/features/category/>
- **Parent helpline from the Norfolk Healthy Child Programme, just one number** [Just One Number and Parentline \(justonenorfolk.nhs.uk\)](https://www.justonenorfolk.nhs.uk)



WELLBEING DURING REMOTE LEARNING

- Sometimes you may find your child is struggling during this time of remote learning, it may be to do with the tasks they are struggling with or missing friends and social times. Let them know all these feelings are completely normal during this time, and encourage them to talk about their feelings, or even keep a journal for older children. It is always worth speaking to your child's class teacher if your child is worried or anxious during this time; they may be able to help or point you in the direction of organisations who can.



SEESAW – THE BASICS

Children are assigned activities within their class. Some activities will be shared by the whole class, some by groups within the class but all children will have a maths, English (reading and writing) and vehicle task each day. The vehicle task could be any of the other subjects such as geography, art or French.

Monday 11th January 2021 Vehicle Task KS2
Well done to everyone for carrying out some research into the Anglo Saxons last week. We know lots about them already, including:

- They lived in Britain around AD410 – 1066
- They came here from Germany, Denmark and the Netherlands
- There have been lots of Anglo Saxon artefacts (objects) found that give us clues about their lives
- Anglo Saxons farmed the land and were skilled crafts people

Today we are going to look at their legacy (lasting influence) on the names of places in modern Britain.

1. Start by reading through the information slides.
2. Complete the activity of working out the meanings of place names and labelling the map of Britain (select 'add response' to navigate to this task).

Think and talk about: why do you think there have been so many Anglo Saxon artefacts found in East Anglia compared to other parts of the county?

2 Responses, 0 Waiting for Approval, 0 Drafts, 6 Not Responded [Add Response](#)

Assigned on Jan 10 at 09:12 PM
Assigned to 9 Students in Nerwhel Class
Template attached

Monday 11th January 2021 Maths year 2 task
Please watch the video in the link.

Then solve the following problems using grouping. You can do this using counters, beads, raisins etc: first practically to aid understanding. Last term we did SHARING this is a different but related method which we will revisit but that you might recall if you have a good maths memory! Either method will work but I want you to practise grouping today.

Using grouping to solve:

$$15 \div 3 =, 21 \div 3 =, 24 \div 2 =, 32 \div 2 =, 28 \div 4 =, 32 \div 4 =$$

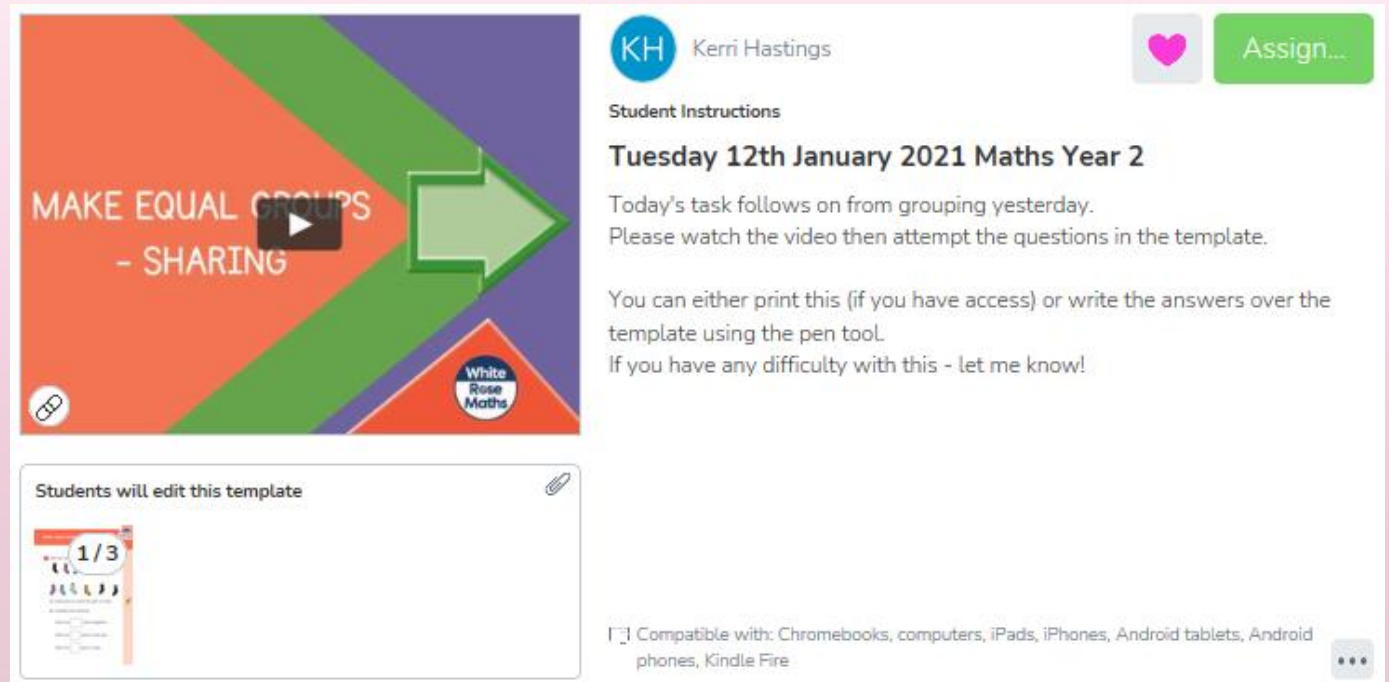
4 Responses, 0 Waiting for Approval, 0 Drafts, 4 Not Responded [Add Response](#)

Assigned on Jan 10 at 09:07 PM

Click [Add Response](#) to share the work you have done on your activity.

- Activities always contain instructions. Sometimes the teacher will read these aloud so the children can listen to them – often if they are complicated in nature.
- They will always contain an example – this might be in the form of a video or pictures or slides.

-
- There will often be a template. You can write on this directly or just use the format to guide the work which you do on paper. IF you have access to a printer you can print the work BUT we know most of our families do not have a printer so will never expect this.

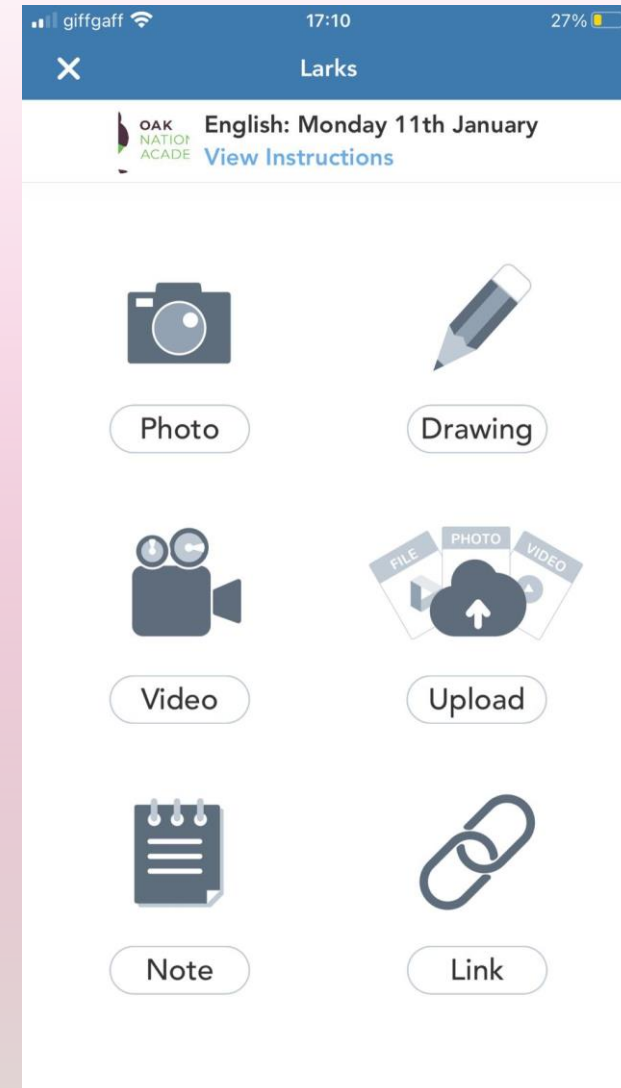


The screenshot shows a digital learning interface. On the left, there is a video player with a play button and the text "MAKE EQUAL GROUPS - SHARING". The video player has a "White Rose Maths" logo in the bottom right corner. To the right of the video player, there is a user profile for "KH Kerri Hastings" with a heart icon and an "Assign..." button. Below the profile, it says "Student Instructions" and "Tuesday 12th January 2021 Maths Year 2". The instructions read: "Today's task follows on from grouping yesterday. Please watch the video then attempt the questions in the template." Below this, it says: "You can either print this (if you have access) or write the answers over the template using the pen tool. If you have any difficulty with this - let me know!". At the bottom of the interface, there is a section titled "Students will edit this template" with a thumbnail of a worksheet showing "1/3". At the very bottom, there is a compatibility notice: "Compatible with: Chromebooks, computers, iPads, iPhones, Android tablets, Android phones, Kindle Fire".

Teachers will often host longer videos on an external site such as YouTube or Vimeo . Or use carefully selected content such as White Rose Maths.

How to respond to Seesaw work:

- You can respond in many ways. You can take a photo of your work or upload a photo or video from your tablet, phone or file library. **CHOOSE UPLOAD** for this.
- You can record a video directly onto Seesaw with **VIDEO**. Many children choose to answer questions this way rather than type them
- You can type answers with the **NOTE**.
- You can **DRAW** your answers – this includes being able to type labels and draw arrows etc




salisbury

Can you use the vocabulary list to help you work out the meanings of the place names?

| Place Name | Meaning |
|------------|-------------------------------------|
| Widney | Farm near a marsh |
| Oxford | Woolly field |
| Merton | Wheat, orange |
| Maring | Field for the oxen to cross through |
| Widobach | Sheep farm |

Now take your map of Britain to show these places. Use maps or atlases to help you.



dallington

durham

buxton

mundesley

bideford

northampton

watford

reading

faversham

ANSWER

SAXONS

Drawing

In response to: Monday 11th January READING TASK years 2,3 and 4

The boys name is Tomas

The dragon fruit glows.

Because there's a roly poly in the chapter.

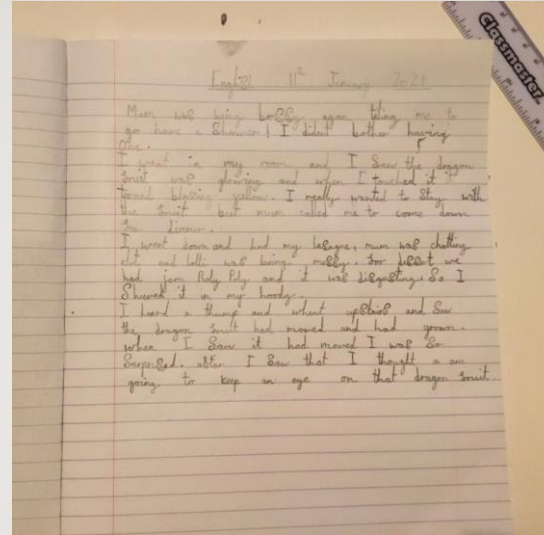
He secretly wanted to be a rock star.

The neighbours don't have a doggy.

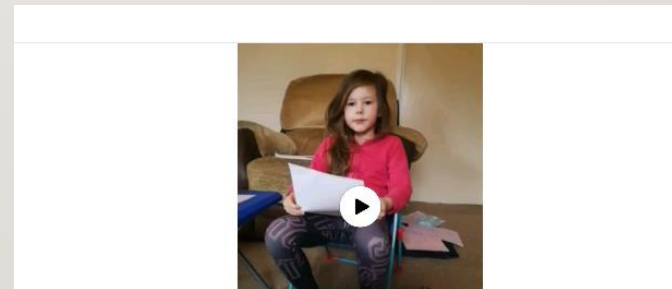
He swapped hoodies and went into the bathroom.

She didn't put the sugar in the cake that why it didn't taste nice.

Note



Upload or photo



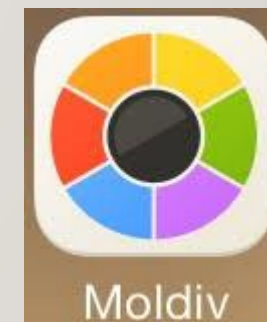
Video

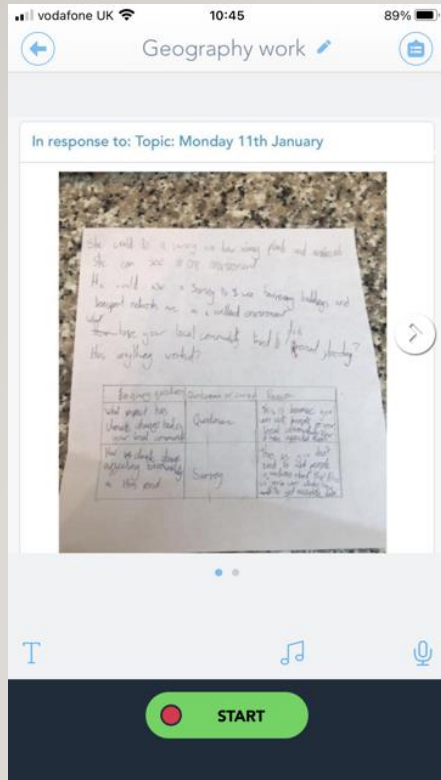
You can also post a link. This could be useful if older children make longer video presentations which are hosted on a third party site such as Vimeo.



If you are feeling brave:
You could also try some other ways
to share your work.

For example apps such as Pic collage
and Moldiv are free and allow to make
photo collages and add text and
stickers!





Children can also use video recording apps to present their work and upload directly to Seesaw.

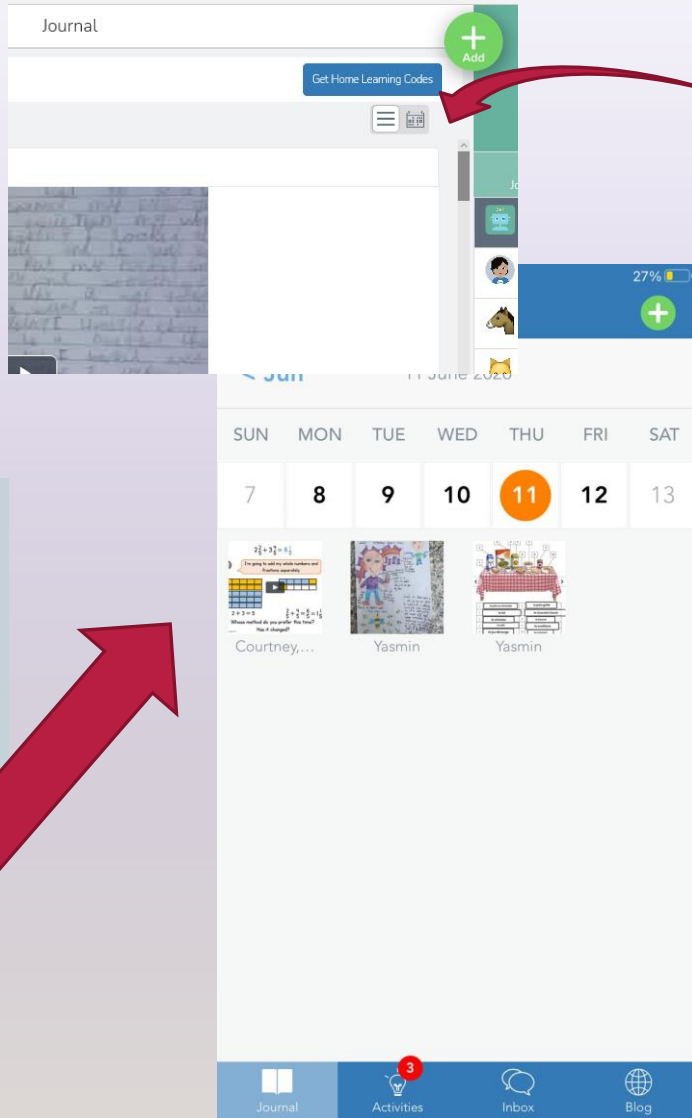
Imovie is great for this and teachers often use **Shadow Puppet Edu** which enables children to take photos of their work or the book they are reading and highlight parts whilst talking over the top. We have used it in school so many children will be familiar with it.

For older children – **Keynote** is similar to powerpoint but can be used on a tablet.

Magisto is a free slideshow app which you can use to showcase work to music – set privacy settings to private when creating and you can save the slideshow to your camera roll.



The thumbnails can be clicked to view the work



Sometimes parents/ children say they can't find something...
Seesaw has a really handy calendar function, which can be seen at the top of the screen.
You can scroll back as far as you like and click on a date (it will highlight dates where there are posts) and you will see thumbnails of posts which can be clicked on and viewed.

Teachers see responses to specific tasks like this – so we can keep records as to who has completed tasks set

Wednesday 6th January 2021 MATHS year 3 and 4

Please watch the video instruction in the link for consolidation of 2,4 and 8 times tables. Please let me know how you feel about the video! It gets a little tricky at the end. Ignore the part about the worksheet. After this I would like you to have a go at one of the following depending on your confidence.

- 1) Practise counting in 2s and 4s, write down the numbers in order (2 4 6 etc) for each x table. Can you circle all the numbers that appear in both the 2 and the 4 times table?
- 2) Practise counting in 2s, 4s and 8s, write down the numbers in order (2 4 6 etc) for each x table. Can you circle all the numbers that appear in both the 2, 4 and 8 times table?
- 3) In the template section you will see the grid used in the video. Can you roll a dice and x the numbers you get by either 2, 4 or 8... how long does it take you to get a row of 4? If you have an adult or sibling willing to play with you then you can do this too!

7 Responses, 0 Waiting for Approval, 0 Drafts, 1 Not Responded [+ Add Response](#)

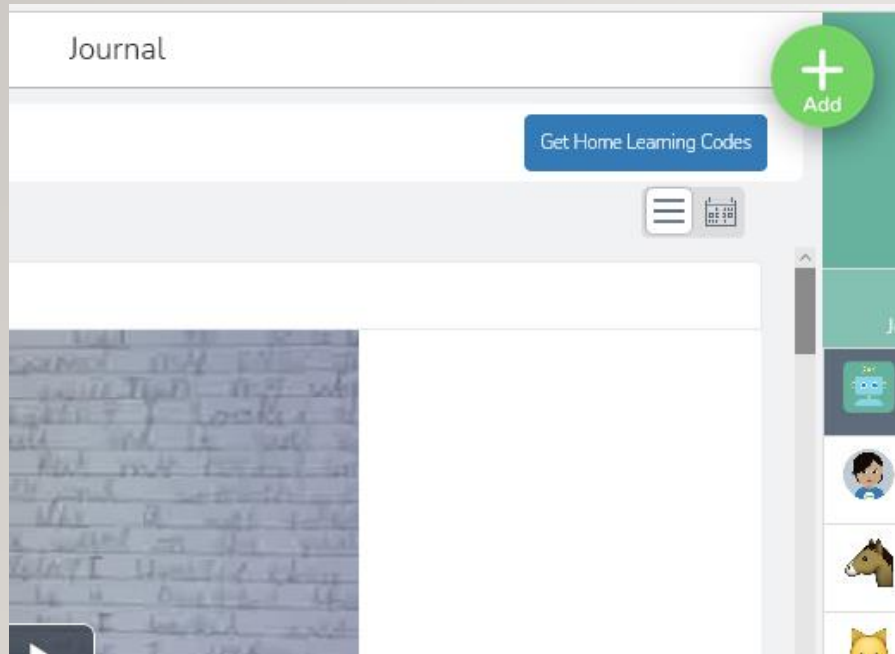
Assigned on Jan 5 at 09:46 PM
Assigned to 7 Students in Narwhal Class
Template attached

| | | | | | | | |
|--------|---------|-------|--------|--------|-------|------|---------|
| | | | | | | | |
| Amelie | Annabel | Logan | Olivia | Olivia | Rosie | Seth | Stanley |

We might respond with a written comment but sometimes with a spoken comment too. You can also respond to work this way using the microphone. There is a 2 minute limit!

January 11, 2021, 3:19 PM

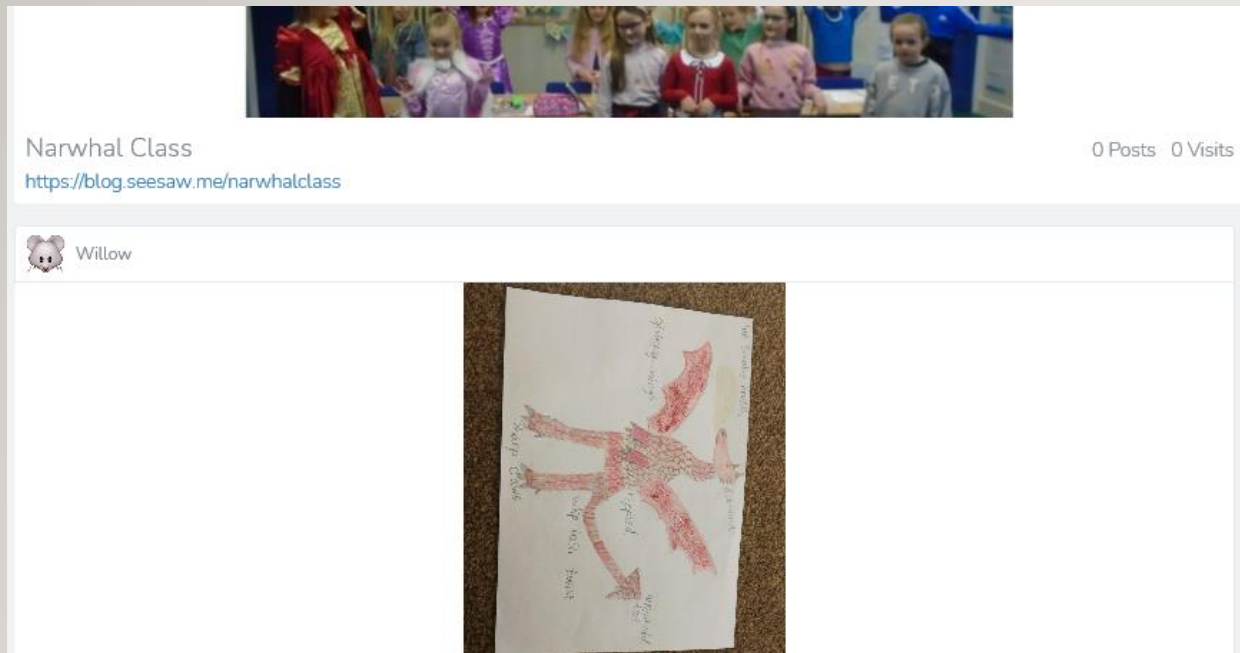




If you have more work to add – or would like to post a video, photos or files that your child wants to share about their own projects or experiences at home use the green add symbol.

Any files you add need to be in PDF format. You can save word documents this way from a laptop

The older children have the blog function enabled on Seesaw. This allows them to showcase work they are proud of to their class – as with home learning the interactions are usually just between students and their teachers.



Click on the globe icon to see work your classmates have shared. Teachers will sometimes encourage children to share their work too! To help everyone's wellbeing please comment kindly on or "like" shared work.

OPTIONAL EXTRAS

- Weekly celebration assembly on Zoom.
- Daily 'Ask the Teacher.'
- Weekly music lesson - valuable time of face to face contact online with class and teacher.



AND THERE'S MORE...

- There is SO much out there which is available and free but it is all a bit overwhelming.

- Norfolk libraries, in addition to free e books, are offering online Lego Club, Code Club, Story Writers Club. Their Facebook page has other free resources available.



Norfolk Music Hub have some weekly online music provision
Recorder and ukulele lessons as well as a boys choir and singalongs.

<https://www.norfolkmusic hub.org.uk/site/weekly-online-music->

